



AmAble

Autism & Disability Services

COOKING

A educational and hands on journey of food, learning about produce, menu planning, kitchen hygiene, preparing, cooking and sharing our delicious creations as a group, builds friendships and social interactions.

TERM 4

Monday 4:30-6:00pm

**10 Belmont Street
Belmont**



programs@amablecn.com.au | PH: (03) 5201 9093 TO BOOK