

YOUNG ADULTS CONNECTING (YAC)

Building independent living and social skills in a safe, supportive, and fun environment. Alternating incursion and excursion activities weekly.
Getting active at least once a month.

WHAT YOU MAY EXPERIENCE IN THIS PROGRAM:

- Shopping in Westfield
- Trips to local towns to explore
- Explore Geelong
- Cooking (inc. budgeting, grocery shopping, prep and cooking)
- Arts and Crafts
- Art collaboration
- Driving range
- Lunch out in Community
- Exercise w Personal Trainer
- Indoor plant making
- Terrarium creation
- Indoor rock climbing
- Music day
- Nature days
- Games day
- Vision Boards
- Book Club

8 Belmont Street, Belmont
*Expressions of Interest

