



INDEPENDENT LIVING SKILLS

Assisting and empowering young adults with the necessary skills required to carry out daily life with greater independence. Meeting individual needs of the participant, which strongly underpins our ethos of placing the individual at the centre of all decisions relating to their own life. The Independent Living Skills Program aims to build an individual's capacity to carry out the following skills:

- Cleaning and maintaining a household
- Operating a washing machine
- Basic money skills and following a budget
- Accessing local transport options
- Shopping and Preparing Meals



Wednesday 4pm - 6pm 10 Belmont Street
***Expressions of Interest**

programs@amablecn.com.au | PH: (03) 5201 9093 TO BOOK

