



OUR RESPITE SERVICE

Specialised Respite & Short Term Accommodation

We specialise in overnight respite and emergency accommodation for children, adolescents and adults. We care for clients with a variety of diagnoses such as Autism, Intellectual Disabilities, Anxiety and other disorders and disabilities.

Clients can stay weekdays and weekends including public holidays. Overnight or longer stays can be arranged. Available to NDIS participants or emergency accommodation for parents and family members.

New clients are more than welcome to come and have a look through our centre and meet our friendly team. We take the time to get as much information as we can to ensure an enjoyable and safe stay with us. Clients have their own private rooms and the centre is staffed according to required ratios.

OUR NEW BELMONT CENTRE IS NOW OPEN!
8 BELMONT STREET, BELMONT

ALSO AVAILABLE:

**10 BELMONT STREET, BELMONT &
309 TORQUAY ROAD, GROVEDALE**

Our spaces provide a safe and secure environment for Respite. It is fully air-conditioned and fenced. It offers a comfortable and homely environment. Each child is offered as much choice and control as possible over how they spend their time and who they spend their time with.

We also hold our Programs out of these centres that are facilitated by our trained professional staff.

OUR TEAM MEMBERS

All of our staff are qualified and have experience and interests in various areas. We value lived experience, diversity and invest in our staff by providing training opportunities and on the job shadow shifts.

- All of our staff have strict screening in accordance with NDIS requirements including:
- Working with Children Check
- First Aid Level 2 & CPR
- National Police Check
- Disability Worker Exclusion Check
- Fully Insured
- NDIS Worker Orientation Module
- Comprehensive Car Insurance

All staff are provided training in the following areas, along with their existing studies or qualifications:

- Understanding Neurodiversity
- Working with Behaviours of Concern
- Understanding Autism (Tony Attwood course)
- Working with People with Disability
- Mental Health First Aid
- Work Health & Safety Obligations
- COVID Safe training

Please see our Staff Profiles on our website:



www.ablecn.com.au

EMERGENCY CONTACT 5292 8822



AmAble

Autism & Disability Services

EMPOWER

**'I DON'T have a disability,
I have a different ability'**

- Robert M Hensel

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🌐 www.ablecn.com.au 📘 facebook.com/ablecn

📱 [instagram.com/ablecn](https://www.instagram.com/ablecn)



HOW WE CAN HELP YOU

AmAble Community Networks offers a range of services to support clients and families with Autism and other disabilities.

OUR SERVICES

- NDIS Support and Planning
- Individual Support
- Community Access Support
- Domestic Tasks such as cooking and cleaning
- After School Activities
- Day Programs
- Centre Base Respite
- Overnight Respite
- Short term accommodation
- School Holiday Programs
- Parent Support Groups
- Gardening and Home Maintenance
- Ready Made Meal Service

We cover areas throughout Western Victoria including Geelong, Surfcoast, Bellarine, Lara, Colac, Otway and Ballarat.

Our staff are all fully qualified, experienced, screened, reference checked, hold working with children cards, first aid certificates, but most importantly are passionate about what they do and making the difference in our client's lives.

GETTING SOCIAL

Our social programs will run weekdays, after school, weekends and school holidays. We keep our groups small to enhance the experience for everyone and are suitable for people who can be supported in small groups.

- After School Activities
- Social Saturday's
- Teen Social Group
- Day Activities
- Independent Living Skills
- Art & Craft Groups
- Cooking Club
- Parent Support Morning Tea
- School Holiday Program

We provide many interactive activities in-house including arts and crafts, cooking, games, reading and more. We also visit local playgrounds, play centres, bowling, beaches and nature walks.



SCHOOL HOLIDAY PROGRAM

School holiday programs are suitable for participants who can be supported in small groups. One on one support can be provided if needed.

Our programs will offer a range of interesting and fun activities to cater for various interests. Activities will include trips out in the community and centre based activities such as art, craft, cooking and gaming. We avoid excursions to crowded and noisy venues for groups who have sensory sensitivities.

We keep our group sizes small so that we can provide a more individual program. Our registration form gathers information about the child's interests and any dislikes, so that we can design our program so everyone will have something they enjoy doing rather than being forced into an activity that doesn't suit their individual needs and wants.

Please contact our programs team for all enquiries in regards to our School Holiday Programs.

Email: programs@amablecn.com.au or phone our office on: (03) 5201 9093