



AmAble
Autism & Disability Services

COOKING

A educational and hands on journey of food, learning about produce, menu planning, kitchen hygiene, preparing, cooking and sharing our delicious creations as a group, builds friendships and social interactions.



JUNIOR
Monday 4:30-6:00pm
10 Belmont Street
Belmont



programs@amablecn.com.au | PH: (03) 5201 9093 TO BOOK